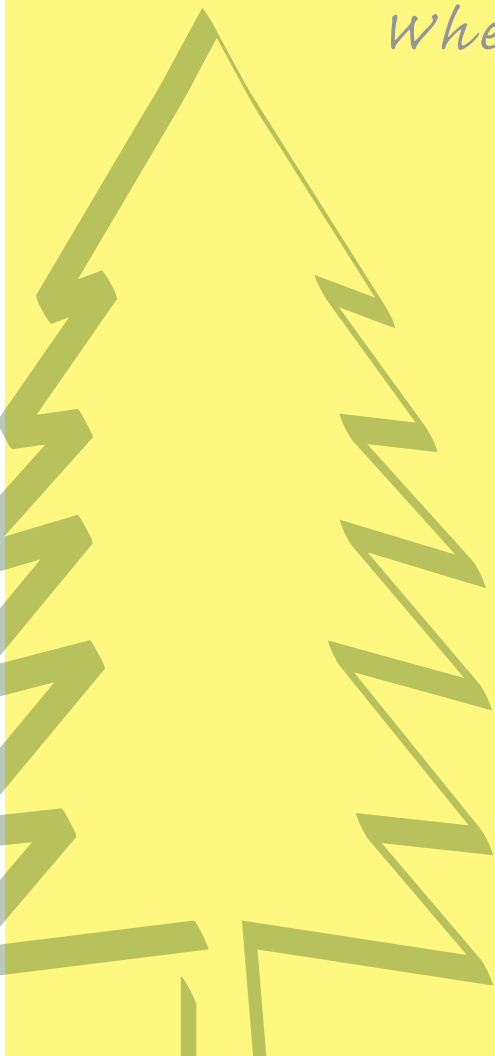


# Down Hall

Residential Home



*Where quality is never compromised...*





## *Down Hall...*

Is situated is situated a short walk from the village of Bradwell on Sea. The Home formally a Country Manor has been established as a Care Home since the mid eighties and is registered with The Commission for Social Care Inspection for 16 residents. The Patten family owners of Down Hall since 2007 (whose company is known as Mansion House Retirement Home Ltd) have 22 years experience in Care Home ownership and management.

They are in the process of completely refurbishing and extending the home and these alterations include a full passenger lift to all floors plus 22 single en-suite bedrooms. New power assisted bathrooms, dining rooms and seating areas. This work is due to be completed in 2009, making Down Hall one of the finest Care Homes in Essex.



## *The Location...*

Down Hall Residential Home is located in Bradwell-on-sea, which is a quiet , pretty village on the northern edge of the Dengie peninsula sited where the River Blackwater meets the North sea. Bradwell also benefits from its own Marina which attracts both the boating fraternity and visitors to the village.

Burnham-on-Crouch is the closest town and is situated on the north bank of the river. Burnham like Bradwell also enjoys its own Marina and other amenities such as, Railway station, Yacht clubs, Cinema, Restaurants and Hotel. The attractive High Street still has small cottages as well as shops.

## *The Accommodation...*

The Home when fully completed will have 23 en-suite bedrooms, 5 single rooms with wash hand basin, 1 double bedroom with wash hand basin and 2 double bedroom with en-suites. The accommodation will also benefit from an 8 person passenger lift and additional stair lifts to all floors

There will be three sitting rooms, three dining areas and seating areas all with views of the gardens and grounds.

Down Hall has full central heating and double glazing. There are television sets in the sitting rooms and also music centres. There are TV points in all bedrooms, Telephone points can be provided in all bedrooms for residents wishing to make and receive calls

## *The aims and objectives of our home...*

Our primary aim is to enable our residents to live as normally as possible in a situation where their individuality, independence, abilities and personal dignity are respected at all times, whilst at the same time to provide emotional support when needed.

Our aim is for our residents to feel safe and secure in the knowledge that help is always at hand be it day or night, and that they are not alone, unless it is their wish to be so. Our residents are encouraged to use all their abilities to maintain their independence and enjoy their lives as fully as possible.

We encourage our residents to feel an important member of our home by involving them in the daily life of the home as much as possible, including fund raising, garden planning, menu planning, recreational activities and our trips out. We encourage them to offer friendship and support to new residents, and by doing so, make them also feel an important member of the extended family of Down Hall

Here at Down Hall we cater for elderly men and women who may have suffered the disabilities that come with old age or any illness that has affected their mobility or ability to look after themselves and their own homes any longer without assistance, and can be assured of being cared for on a long term basis within our home. Residents who are also suffering from dementia will be cared for in our new extension which has been designed for this in mind.



## *The staffing...*

Along with a caring and dedicated team Down Hall is run under the personal supervision of our Manager, along with a dedicated team of experienced staff - these include shift leaders, care assistants, catering and domestic staff. All staff have been chosen for their dedication, kindness and understanding as well as their professional qualifications. The ample staffing ensures 24-hour cover for seven days a week, and individual attention to residents' needs and requirements.

Visits are made by medical practitioners, dentists, opticians, chiropodists and regular visits by our hairdresser and the mobile library.

## *The catering...*

All of our meals are homemade, and prepared daily using fresh fruit and vegetables. We are more than happy to discuss any special dietary requirements, simply speak to the manager and we will ensure everyone's tastes and preferences are catered for.

We have a purpose built kitchen with up-to-date equipment ensuring the food and drink provided is of a high quality and prepared in a clean and hygienic area. Carefully prepared traditional menus offer a good, varied and nutritional diet.

We don't expect residents always to eat in our dining room, on a pleasant day, dining in the garden may be your preference or maybe in your room – it really is up to you!

Meals are provided as follows:

7.30am – 9.30am	Breakfasts served in the Dining Room
11.00am	Coffee and biscuits
12.45pm	Lunch (main meal of the day)
3.00pm	Afternoon Tea and Biscuits
5.00pm	Evening Meal
8.00pm	Late evening drinks, cakes or biscuits as required

Hot drinks, Juices and snacks are available throughout the day on request



## *The fees...*

The proprietors will always strive to keep the fees for residential care at a reasonable level consistent with maintaining the highest possible standards. Details of current fees are available on request. Fees are payable monthly and in advance.

There is a detailed written Contract, which sets out what is and what is not provided for residents in order to avoid any possible misunderstanding.

The services provided for the monthly fees include full board and lodging, lighting, heating, laundry and 24 hour staff cover. Residents will be expected to make their own arrangements for the supply of personal requisites such as clothing, toilet requirements and newspapers, television and telephone connection to their rooms.

## *The security...*

Security is of the highest standard with the property being equipped throughout with nurse-call buttons, smoke detectors and fire alarms. The property has been approved to the latest and most rigorous standards by both the Essex County Fire Brigade and The Commission for Social Care.



## *Additional information...*

To enable residents to feel at home they are encouraged to bring with them personal items and small pieces of furniture, by arrangement. Rooms are, of course, already fully furnished.

In the interests of hygiene, and consideration to other residents, no pets are allowed, but if well behaved are encouraged to visit.

Daily and Sunday papers are available as well as periodicals, and there is a visiting library.

The Management is always willing to discuss any problems or difficulties with prospective residents or their relatives and any further enquiries will be welcomed. We will be delighted to show prospective residents and their relatives around our home. A full assessment of the prospective residents needs are undertaken pre-admission to the home.

### ORGANISED ACTIVITIES

Gardening

Bingo

Chair Robics

TV and Video

Records and taped music

Coffee Mornings

Outings in hired Mini Bus

Visiting library to the home, books changed regularly

Musical evenings and in-house entertainment

Craft Sessions

Relatives and friends are very welcome to visit the home but are requested to avoid meal times unless previously arranged with our Manager.

At Down Hall our policy will always be that when an elderly person joins our home, he or she will remain with us for as long as they are happy to do so, with the assistance of the extremely professional services of our staff and the District nurse team where needed.





## *The Next Step...*

To help with the process of choosing the right home, we have put together this brief brochure, however to fully appreciate what the home has to offer, we invite you, your family and friends to visit us as often as you wish to help you make that choice.

If you have any questions, concerns, or simply want to pop in for a visit, then please do not hesitate to call us on

**01621 776509**

# *Down Hall*

Residential Home

*Where quality is never compromised...*

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**MAP**